Agreement between Kelly and Mom and Dad
Effective: May 23rd through July 23rd, 2011

I, Kelly, agree to the following:

1. **I will attend all of my classes on time every day (or arrange with my parents for an official excuse if I must miss any).**
2. **I will clean the kitchen to family standards every night by 7:00 (unless I get permission ahead of time to have someone else fill in for me).**
3. **I will introduce my parents to any friends I ask to go out with and will provide them with the names and telephone numbers of my friends and their parents.**

Signed: _____ Date: _____
Kelly

We, Mom and Dad, agree to the following:

1. **We will allow Kelly to spend time with friends after school until 5:00 p.m. (unless we need her home earlier and then we will provide her all the advance notice possible).**
2. **Kelly may decide when and how she cleans her own room but she is responsible to assure that no food, drink, or dirty dishes accumulate there.**
3. **We know it is important for Kelly to spend time with friends and we will give careful consideration to her requests to go out with them.**

Signed: _____ Date: _____
Mom
Signed: _____ Date: _____
Dad

By July 23rd we will review progress and either extend this agreement or revise it to best meet all our needs.

Sample behavioral contract between a 15-year-old teenager and her parents